



Skyline Wilderness Park East of the City of Napa Napa County

Prostate Awareness Foundation Weekly Hike

Sunday, August 27, 2017 8am

Moderate

4-5 hours, 1,100' elevation gain, 7 miles

Take Imola Ave off Hwy # 29 to the eastern side of the city of Napa. This is a privately owned park with an entrance fee of \$5. We haven't done this hike before but it comes with excellent reviews.

We will take the Skyline Trail to the Rim Rock Trail then on to the upper reaches of the park. After a break we'll weave our way back to the trail head. The exact route to be determined based on participants & abilities.

Wear layered clothing; bring plenty of water and your lunch.

Please contact Ken Malik **no later than 5pm on Saturday night** to let us know you are planning to participate and so we can arrange carpooling and logistics. Email Ken at

kamalik@prostateawarenessfoundation.org Or call him at 415-407-3961

Hope to see you on the trail!

www.prostateawarenessfoundation.org

Integrative Paths to Healing