

PROSTATE AWARENESS FOUNDATION

MONTHLY MEETINGS 1ST THURSDAYS



San Francisco Discussion & Support Group Meeting

Thursday, March 1, 2018, 7-9pm

1 Ferry Building, San Francisco Ferry Building,
Market at Embarcadero

2nd Floor/Conifer Securities Offices/Rm 255, San Francisco, CA

March Topic: OPEN FORUM

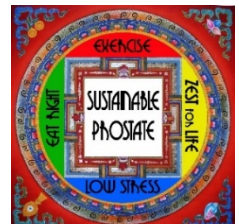
This month's meeting is a great opportunity to meet others with similar prostate health issues. Hear about success stories, ask questions and voice concerns. Discussions will include steps you can take to not only improve your prostate health, but also how to take a more proactive approach to your over-all health as well. Learn from others in the group about various protocols and strategies that are working for them. As always, a focus will be placed on nutrition, exercise and stress management techniques.

Join us for an interesting lecture and important discussion. You don't have to have a prostate or prostate cancer to attend. Friends and loved ones are always welcome.

Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. For more info, email Ken Malik at kamalik@prostateawarenessfoundation.org or call him at 415-675-5661.

PROSTATE AWARENESS FOUNDATION

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