

# Prostate Awareness Foundation Meeting

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**Santa Rosa, Sonoma County**  
**Discussion & Support Group Meeting**  
Tuesday night January 14, 2020 -- 7-9pm  
657 Acacia Lane, Community Room, Bldg. B, 1<sup>st</sup> Floor  
Santa Rosa, CA 95409

## OPEN FORUM

Prostate health issues and how to treat them are probably the most controversial subjects in men's health. What's a man to do? What are the most valid tests or should I even get tested at all? How about treatment options? There are so many choices. What are my best options both conventional and on the alternative side? Are there steps I can take pro-actively to keep from having prostate problems, or to slow the progression of prostate cancer if I have it?

PAF meetings are a great way to learn and to connect with other men and their families dealing with prostate issues. Women are welcome, you do not have a prostate to attend. Time will be available to answer your questions and concerns.

Please park on the street, the parking lot is for tenants!

*Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. Call Ken Malik at 415-407-3961 or email [kamalik@prostateawarenessfoundation.org](mailto:kamalik@prostateawarenessfoundation.org)*



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