



## Discussion & Support Group Meeting San Francisco

Monday Night - February 10, 2020, 7-9pm

Monthly meeting - 2<sup>nd</sup> Monday of each month.

490 Post Street (by Mason Street) Suite # 1528, 15<sup>th</sup> Floor

### OPEN FORUM

Prostate health issues and how to treat them are probably the most controversial subjects in men's health. What's a man to do? What are the most valid tests or should I even get tested at all? How about treatment options? There are so many choices. What are my best options both conventional and on the alternative side? Are there steps I can take pro-actively to keep from having prostate problems, or to slow the progression of prostate cancer if I have it? We will hopefully answer some of these questions for each other at the February meeting. Hope to see you there.

PAF meetings are a great way to learn and to connect with other men and their families dealing with prostate issues. Women are welcome, you do not have a prostate to attend. Time will be available to answer your questions and concerns.

Muni or BART stop is the Powell Street Station or  
park at the Union Square Garage

*Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. For more info, email Ken Malik at [kamalik@prostateawarenessfoundation.org](mailto:kamalik@prostateawarenessfoundation.org) or call him at 415-675-5661.*

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