

Take My Prostate.... Please! By Steve Bluestein

A Book Review by Ken Malik / Prostate Awareness Foundation

Personally, I have been dealing with prostate cancer since 1995. I thought I knew just about everything there is to know about this disease that afflicts so many men and impacts so many families. I was wrong, I really learned a lot about having a radical prostatectomy from this informative read. We can all learn so much from other men all over.

Of course every man's experience with prostate cancer is different in many ways. *Take My Prostate....Please by Steve Bluestein* is a well written and honest take on one man's experience.

Steve Bluestein is a comedian by trade. So his book puts a comedic slant on prostate treatment. He does a great job weaving comic asides, factual information and the emotional trauma associated with prostate cancer treatment. He keeps his traumatic journey through appointments, testing, surgical intervention and recovery light and in many ways a fun read. His candid revelations about the emotional trauma associated with surgical removal (Radical Prostatectomy) were particularly helpful to me since I read the book just prior to my own radical prostatectomy just recently.

Steve who resides in Southern California and has had a career that includes TV, feature films, plays and other books. We highly recommend this book to all those dealing with prostate cancer.

Reviewed by

Ken Malik – Founder and Executive Director

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