

ProstaPhase Study Trial

Participant Overview

The Product: *ProstaPhase* is a sophisticated advanced herbal formula designed to support and improve prostate health function. The supplement is specifically providing relief to BPH symptoms. *ProstaPhase* is formulated by Tango Advanced Nutrition. The formula contains Chinese herbs, many of which are found in Traditional Chinese Medicine.

Evaluation Goals: Determine if the regular use of *ProstaPhase* will have a positive impact on reducing the side effects of BPH (Benign Prostatic Hyperplasia) over longer term use of six months. *ProstaPhase* is a sophisticated advanced herbal formula designed to support and improve prostate health function.

Participants: Thirty (30) men with BPH of varying degrees of severity. Please see the enclosed BPH questionnaire developed by the American Urological Association (AUA) to determine if you have BPH and how severe.

Participant Responsibilities:

- 1) Participate in the complete evaluation of six months duration.
- 2) Complete a pre-evaluation questionnaire about yourself and your BPH to establish a baseline for comparison.
- 3) Participants can remain on any or all pharmaceutical or nutritional supplements they use currently for their BPH condition.
- 4) Complete a regularly scheduled Weekly Progress Diary questionnaire to monitor your progress
- 5) Provide information about your prostate health including: most recent lab report to include if available PSA, free PSA, testosterone, C-reactive protein, the size of your prostate in grams or cubic centimeters if you have that information. (This information is usually part of the paperwork provided after a prostate biopsy).
- 6) Provide a mid-term (3 months out) and final (6 months out) questionnaire and new lab reports if available.
- 7) Lab reports are the financial responsibility of the participant. Most men with prostate problems get these lab tests done regularly, in many cases every three months. Lab reports are not mandatory but useful!
- 8) Return a progress diary weekly on Sunday and mail on Monday in order to acquire more *ProstaPhase* product. Please note: No additional product will be supplied until the PAF receives your Weekly Progress Diary.

Tango Advanced Nutrition Responsibilities:

- 1) Provide a six month supply of *ProstaPhase* for each participant. Two bottles of *ProsataPhase*, a forty day supply will be given to each participant at the beginning of the study/trial and then replenished at monthly PAF meetings. Participants can also acquire additional product by calling Ken Malik at 415-675-5661 to confirm all Weekly Diary have been received by the PAF. They then can arrange a pickup or shipment.
- 2) Be available to answer any and all questions about *ProstaPhase* at the start and during the trial period. Participants can get information by calling 1-866-778-2646, ext. # 6.
- 3) TAN will strictly adhere to participant confidentiality. (next section, part 4)

Prostate Awareness Foundation Responsibilities:

- 1) Help in the distribution of product and information at monthly PAF meetings.
- 2) Retrieve the participant pre-trial, mid-term, Weekly Diary and final questionnaires.
- 3) Review, analyze and share the results with participants, TAN and PAF membership.
- 4) Participant confidentiality is a priority. At no time will personal information be divulged to other parties including TAN or revealed to any staff. Upon completion of the evaluation process all personal information will be purged from PAF files and databases to further ensure complete privacy.



Prostate Awareness Foundation

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