



Marin Headlands Rodeo Beach and Point Bonita Marin County

Easy to Moderate

**Prostate Awareness Foundation Weekly Hike
Monday, October 10, 2022 9am START
3-4 hours, 400' elevation gain, 4 miles**

Meet in the Rodeo Beach parking lot Ft. Cronkhite

Please note the 9am start on this Labor Day Holiday

This hike starts at Rodeo Beach and explores the beach, coastal bluffs and old military fortifications. The views are spectacular. To get there: from the North: get off at the last Hwy #101 exit right before the Golden Gate Bridge. (If coming from the south, get off at the first exit over the bridge). I believe the exit on both sides is called Alexander Ave. Follow the signs for the Marin Headlands and Conzelman Rd heading west, make a left on Bunker Rd to Rodeo Beach and the parking area. The air has been pretty smoke free on the coast thru the wildfires.

**Wear layered clothing; bring plenty of water and snacks Please contact Ken Malik at
415-407-3961**

Or

kamalik@prostateawarenessfoundation.org

no later than 5pm on Sunday night to let us know you are planning to participate and so we can arrange carpooling and logistics. Hope to see you on the trail.

www.prostateawarenessfoundation.org