



**Prostate Awareness Foundation**  
**Virtual Discussion & Support Group Meeting**  
(Via Zoom on the 3<sup>rd</sup> Wednesdays of the month)

**Topic: Fasting and prostate cancer is it an option? Plus - OPEN FORUM**  
**Wednesday, September 20, 2023 --- 5-7:00pm PST via zoom**  
**(6pm MST, 7pm CST, 8pm EST)**

The PAF gets questions about fasting and prostate cancer regularly. How do you do it, is it effective addition to one's strategy? We will discuss the Pros and Cons.

Open Forum Meetings are a great way to connect with those with similar concerns, compare notes and learn from each other! We invite you to ask about your specific prostate related questions

PAF Zoom meetings provide an opportunity to meet and talk with guys from all over the country dealing with prostate issues. Our membership includes men with prostatitis, BPH, early and late stage prostate cancer as well men with a family history of cancer wanting to avoid problems in later life. Friends, family and loved ones are always welcome. **NOTE: You must join the meeting using the [blue link](#) below in order to listen and participate.**

**Join Zoom Meeting: <https://us02web.zoom.us/j/85116566344>**

**Meeting ID: 851 1656 6344**

**One tap mobile**

+16694449171, 85116566344# US  
+16699009128, 85116566344# US (San Jose)

**Dial by your location**

+1 669 900 9128 US (San Jose)  
+1 253 215 8782 US (Tacoma)  
+1 346 248 7799 US (Houston)  
+1 646 558 8656 US (New York)  
+1 301 715 8592 US (Washington DC)

**Find your local number: <https://us02web.zoom.us/u/kcyjK1Zpg>**

*Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. For more info call Ken Malik at 415-675-5661 or email him at [kamalik@prostateawarenessfoundation.org](mailto:kamalik@prostateawarenessfoundation.org)*



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