

2024 Participant Sponsor Form



PAF SPRING RETREAT

Russian River, California, April 26-28, 2024

Traverse The Jenner Headlands

Explore The Cedars of Cazadero

Hike in Armstrong woods & Visit Pond Farm

GOALS FOR OUR SPRING RETREAT

Our spring retreat is an opportunity to share our pro-active approach to prostate health. It entails monitoring prostate disease closely while adopting lifestyle changes including prostate friendly nutrition, lots of exercise, sensible supplements, and a stress management program.

To sponsor a retreat participant, please mail a check to: PAF, P.O. Box 2934, Santa Rosa CA 95405 or use your PayPal account or a credit card on the PAF website:

<http://www.prostateawarenessfoundation.org/donate-general/>

Amount of your tax-deductible donation \$ _____

Retreat participant you are sponsoring: _____

Your Name: _____

Address: _____

Email Address: _____

www.ProstateAwarenessFoundation.org

The Prostate Awareness Foundation is a non-profit 501(c)(3) organization- Fed ID #31-1633278