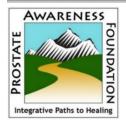
PROSTATE AWARENESS FOUNDATION MONTHLY MEETING ON LAST WEDNESDAYS

*** Please Park on Acacia Lane ~ The Acacia Lane parking lot is for tenants



Santa Rosa/Sonoma County Discussion & Support Group Meeting Wednesday, April 24, 2024, 7-9pm Acacia Lane Senior Apartments 657 Acacia Lane, Community Room, Bldg B, Santa Rosa, CA 95409

April Meeting Topic: OPEN FORUM

PAF offers a unique approach to prostate health and healing. With emphasize on integration of protocols from both conventional and alternative medicine. Our group is composed of men who are looking to explore all of their options in regards to prostate health. We all share one common thread: We are all searching for the best way to avoid prostate cancer and BPH or if we have it, survive and avoid recurrence while maintaining a good quality of life.

If you are willing to take proactive responsibility for your health, you will benefit from these meetings. Recent PAF topics of discussion and lectures have included:

Proper nutrition Sexual Issues Good Fats/Bad Fats Innovative Immune Boosting Supplements BPH Promising Protocols Chinese Medicine Meditation & Qi Gong Metabolic Testing Vitamins & Supplements Hormones The latest diagnostic tools Healing - the emotional side The PSA test - Should you have one?

Join us for an interesting lecture and important discussion. You don't have to have a prostate or prostate cancer to attend. Friends and loved ones are always welcome.



Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. Email Ken Malik at <u>kamalik@prostateawarenessfoundation.org</u> or call him at 415-675-5661 if you'd like more information.

PROSTATE AWARENESS FOUNDATION

Integrative Paths to Healing