

PROSTATE AWARENESS FOUNDATION

MONTHLY MEETING ON LAST WEDNESDAYS

***** Please Park on Acacia Lane - The Acacia Lane parking lot is for tenants**



Santa Rosa/Sonoma County Discussion & Support Group Meeting

Wednesday, April 24, 2024, 7-9pm

Acacia Lane Senior Apartments

657 Acacia Lane, Community Room, Bldg B, Santa Rosa, CA 95409

April Meeting Topic: OPEN FORUM

PAF offers a unique approach to prostate health and healing. With emphasize on integration of protocols from both conventional and alternative medicine. Our group is composed of men who are looking to explore all of their options in regards to prostate health. We all share one common thread: We are all searching for the best way to avoid prostate cancer and BPH or if we have it, survive and avoid recurrence while maintaining a good quality of life.

If you are willing to take proactive responsibility for your health, you will benefit from these meetings. Recent PAF topics of discussion and lectures have included:

Proper nutrition

Sexual Issues

Good Fats/Bad Fats

Innovative Immune Boosting

Supplements

BPH

Promising Protocols

Chinese Medicine

Meditation & Qi Gong

Metabolic Testing

Vitamins & Supplements

Hormones

The latest diagnostic tools

Healing - the emotional side

The PSA test - Should you have one?

Join us for an interesting lecture and important discussion.

You don't have to have a prostate or prostate cancer to attend. Friends and loved ones are always welcome.



Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information and discussion. Email Ken Malik at kamalik@prostateawarenessfoundation.org or call him at 415-675-5661 if you'd like more information.

PROSTATE AWARENESS FOUNDATION
Integrative Paths to Healing