



**Sugarloaf Mountain - Bald Mtn Loop
Kenwood, Sonoma County
Moderate to Strenuous – YOUR CALL!**

Labor Day, Monday, September 7, 2026 @ 9am

4 hours, 900' elevation gain. 7 miles.

Meet by the Observatory/Horse stables promptly at 9am.

The route to be determined by the ability of our group. Wear layered clothing; bring your lunch and plenty of water. Hiking poles always come in handy.

Please contact Ken Malik at 415-407-3961

Or

kamalik@prostateawarenessfoundation.org

no later than 5pm on Sunday night to let him know you are planning to participate and so we can arrange carpooling and logistics.

www.prostateawarenessfoundation.org

Integrative Paths to Healing